
**Measurement of radioactivity in
the environment — Guidelines for
effective dose assessment using
environmental monitoring data —**

**Part 1:
Planned and existing exposure
situation**

*Mesurage de la radioactivité dans l'environnement — Lignes
directrices pour l'évaluation de la dose efficace à l'aide de données de
surveillance environnementale —*

Partie 1: Situation d'exposition existante et planifiée



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Foreword

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular the different approval criteria needed for the different types of ISO documents should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see www.iso.org/directives).

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. ISO shall not be held responsible for identifying any or all such patent rights. Details of any patent rights identified during the development of the document will be in the Introduction and/or on the ISO list of patent declarations received (see www.iso.org/patents).

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For an explanation on the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the World Trade Organization (WTO) principles in the Technical Barriers to Trade (TBT) see the following URL: [Foreword - Supplementary information](#)

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A list of all the parts in the ISO 20043 series can be found on the ISO website.

Any feedback or questions on this document should be directed to the user's national standards body. A complete listing of these bodies can be found at www.iso.org/members.html.

Introduction

Everyone is exposed to natural radiation. The natural sources of radiation are cosmic rays and naturally occurring radioactive substances existing in the Earth itself and inside the human body. Human activities involving the use of radiation and radioactive substances (NORM) cause radiation exposure in addition to the natural exposure. Some of those activities, such as the mining and use of ores containing naturally-occurring radioactive substances and the production of energy by burning coal that contains such substances, simply enhance the exposure from natural radiation sources. Nuclear installations use radioactive materials and produce radioactive effluent and waste during operation and on their decommissioning. The use of radioactive materials in industry, agriculture and research is expanding around the globe.

All these human activities generally also give rise to radiation exposures that are only a small fraction of the global average level of natural exposure. The medical use of radiation is the largest and a growing man-made source of radiation exposure in developed countries. It includes diagnostic radiology, radiotherapy, nuclear medicine and interventional radiology.

Radiation exposure also occurs as a result of occupational activities. It is incurred by workers in industry, medicine and research using radiation or radioactive substances, as well as by passengers and crew during air travel and for astronauts. The average level of occupational exposures is generally similar to the global average level of natural radiation exposure^[1].

As the uses of radiation increase, so do the potential health risks and the public's concerns increase. Thus, all these exposures are regularly assessed in order to

- a) improve the understanding of global levels and temporal trends of public and worker exposure,
- b) evaluate the components of exposure so as to provide a measure of their relative importance, and
- c) identify emerging issues that may warrant more attention and scrutiny. While doses to workers are usually directly measured, doses to the public are usually assessed by indirect methods using radioactivity measurement results performed on various sources: waste, effluent and/or environmental samples.

To ensure that the data obtained from radioactivity monitoring programs support their intended use, it is essential in the dose assessment process that stakeholders (the operators, the regulatory bodies, the local information committee and associations, etc.) agree on appropriate data quality objectives, methods and procedures for: the sampling, handling, transport, storage and preparation of test samples; the test method; and for calculating measurement uncertainty. An assessment of the overall measurement uncertainty also needs to be carried out systematically. As reliable, comparable and 'fit for purpose' data are an essential requirement for any public health decision based on radioactivity measurements, international standards of tested and validated radionuclide test methods are an important tool for the production of such measurement results. The application of standards serves also to guaranty comparability over time of the test results and between different testing laboratories. Laboratories apply them to demonstrate their technical competences and to complete proficiency tests successfully during interlaboratory comparisons, two prerequisites to obtain national accreditation.

Today, over a hundred international standards, prepared by Technical Committees of the International Organization for Standardization, including those produced by ISO/TC 85 working groups, and the International Electrotechnical Commission, are available for measuring radionuclides in different matrices by testing laboratories.

Generic standards help laboratories to manage the measurement process and specific standards describing test methods are used specifically by those in charge of radioactivity measurement. These later cover test methods for:

- Natural radionuclides, including ^{40}K , ^3H , ^{14}C and those originating from the thorium and uranium decay series, in particular ^{226}Ra , ^{228}Ra , ^{234}U , ^{238}U , ^{220}Rn , ^{222}Rn , ^{210}Pb , which can be found in every material from natural sources or can be released from technological processes involving naturally

occurring radioactive materials (e.g. the mining and processing of mineral sands or phosphate fertilizer production and use), and

- Man-made radionuclides, such as transuranium elements (americium, plutonium, neptunium, and curium), ^3H , ^{14}C , ^{90}Sr and gamma emitting radionuclides found in waste, liquid and gases effluent and in environmental matrices (air, soil, water, biota) as a result of authorized releases into the environment and of fallout resulting from the explosion in the atmosphere of nuclear devices and accidents, such as those that occurred in Chernobyl and Fukushima. Radionuclides, such as ^3H and ^{14}C occur both naturally and as by-products of the operation of nuclear reactors.

The ICRP recognises three types of exposure situations^[2] that are intended to cover the entire range of exposure situations: planned, emergency and existing exposure situations. Planned exposure situations involve the planned introduction and operation of sources (previously categorised as practices). Emergency exposure situations are situations requiring prompt action in order to avoid or to reduce adverse consequences. Existing exposure situations are exposure situations that already exist when a decision on control is taken, such as those caused by enhanced natural background radiation (e.g. exposure to radon in existing buildings).

The fraction of the background dose rate to man from environmental radiation, mainly gamma radiation, is very variable and depends on factors such as the radioactivity of the local rock and soil, the nature of building materials and the construction of buildings in which people live and work.

This document sets out principles and guidance for the radiological characterisation of the environment needed for checking the results of

- prospective assessment of dose to the public arising from exposure to ionizing radiation which may arise from planned discharges to the atmosphere and to the aquatic environment or following remediation action;
- retrospective assessment for dose that may be made for discharges or disposals that were not initially covered by an authorization/permit delivered by a national regulatory body (e.g. contaminated land or dose associated with accidental releases of radionuclides into the environment).

This document is one of a set of generic ISO Standards on measurement of radioactivity.

Example of dose assessment in different exposure situations, modified from Reference [3]

Situation	Type of assessment	
	Prospective	Retrospective
Planned	Determining compliance with the relevant dose constraint (dose limit or regulatory requirements). A prospective assessment includes the exposures expected to occur in normal operation.	Estimating dose to the public from past operations
Existing	Future prolonged exposures (e.g. after remediation)	Past exposures (e.g. occupancy of contaminated lands)
Emergency	Emergency planning (operational intervention level)	Actual impacts after emergency

Measurement of radioactivity in the environment — Guidelines for effective dose assessment using environmental monitoring data —

Part 1: Planned and existing exposure situation

1 Scope

These international guidelines are based on the assumption that monitoring of environmental components (atmosphere, water, soil and biota) as well as food quality ensure the protection of human health^{[2][4][5][6][7][8]}. The guidelines constitute a basis for the setting of national regulations and standards, *inter alia*, for monitoring air, water and food in support of public health, specifically to protect the public from ionizing radiation.

This document provides

- guidance to collect data needed for the assessment of human exposure to radionuclides naturally present or discharged by anthropogenic activities in the different environmental compartments (atmosphere, waters, soils, biological components) and food;
- guidance on the environmental characterization needed for the prospective and/or retrospective dose assessment methods of public exposure;
- guidance for staff in nuclear installations responsible for the preparation of radiological assessments in support of permit or authorization applications and national authorities' officers in charge of the assessment of doses to the public for the purposes of determining gaseous or liquid effluent radioactive discharge authorizations;
- information for the public on the parameters used to conduct a dose assessment for any exposure situations to a representative person/population. It is important that the dose assessment process be transparent, and that assumptions are clearly understood by stakeholders who can participate in, for example, the selection of habits of the representative person to be considered.

Generic mathematical models used for the assessment of radiological human exposure are presented to identify the parameters to monitor, in order to select, from the set of measurement results, the "best estimates" of these parameter values. More complex models are often used that require the knowledge of supplementary parameters.

The reference and limit values are not included in this document.

2 Normative references

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

ISO/IEC Guide 98-3, *Uncertainty of measurement — Part 3: Guide to the expression of uncertainty in measurement (GUM:1995)*

ISO/IEC Guide 99, *International vocabulary of metrology — Basic and general concepts and associated terms (VIM)*

ISO/IEC 17025, *General requirements for the competence of testing and calibration laboratories*

ISO 80000-10, *Quantities and units — Part 10: Atomic and nuclear physics*

3 Terms and definitions

For the purposes of this document, the definitions given in ISO 80000-10, ISO/IEC Guide 98-3, ISO/IEC Guide 99, and the following apply.

ISO and IEC maintain terminological databases for use in standardization at the following addresses:

- ISO Online browsing platform: available at <https://www.iso.org/obp>
- IEC Electropedia: available at <http://www.electropedia.org/>

3.1 background

doses, dose rates or activity concentrations associated with natural sources, or any other sources in the environment that are not amenable to control

3.2 conversion coefficient

coefficient giving effective dose in an external exposure

3.3 data quality objectives

statement of the required detection limits, accuracy, reproducibility and repeatability of the required analytical and other data

Note 1 to entry: Generic data quality objectives can sometimes be set at national level. Data quality objectives can also embrace an amount of data required for an area of land (or part of a site) to enable sound comparison with generic guidelines or standards or for a site-specific or material-specific estimation of risk.

3.4 dose assessment

assessment of the dose(s) to an individual or group of people

Note 1 to entry: For example, assessment of the dose received or committed by an individual on the basis of results from workplace monitoring or bioassay.

Note 2 to entry: the term exposure assessment is also sometimes used.

3.5 dose coefficient

coefficient giving the committed effective dose from an internal exposure

3.6 emergency exposure situations

situation of exposure arising as a result of an accident, a malicious act or other unexpected event that requires prompt action in order to avoid or to reduce adverse consequences

3.7 existing exposure situations

situation of exposure that already exists when a decision on the need for control needs to be taken

Note 1 to entry: Existing exposure situations include exposure to natural background radiation that is amenable to control; exposure due to residual radioactive material that derives from past practices (3.13) that were never subject to regulatory control; and exposure due to residual radioactive material deriving from a nuclear or radiological emergency after an emergency has been declared to be ended.