Absorbent incontinence products for urine and/or faeces - Basic principles for evaluation of single-use adult products from the perspective of users and caregivers (ISO 16021:2024)

#### EESTI STANDARDI EESSÕNA

#### NATIONAL FORFWORD

See Eesti standard EVS-EN ISO 16021:2024 sisaldab Euroopa standardi EN ISO 16021:2024 ingliskeelset teksti.

Standard on jõustunud sellekohase teate avaldamisega EVS Teatajas.

Euroopa standardimisorganisatsioonid on teinud Euroopa standardi rahvuslikele liikmetele kättesaadavaks 03.04.2024.

Standard on kättesaadav Eesti Standardimis-ja Akrediteerimiskeskusest.

This Estonian standard EVS-EN ISO 16021:2024 consists of the English text of the European standard EN ISO 16021:2024.

This standard has been endorsed with a notification published in the official bulletin of the Estonian Centre for Standardisation and Accreditation.

Date of Availability of the European standard is 03.04.2024.

The standard is available from the Estonian Centre for Standardisation and Accreditation.

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#### ICS 11.180.20

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#### **EUROPEAN STANDARD**

#### **EN ISO 16021**

### NORME EUROPÉENNE EUROPÄISCHE NORM

April 2024

ICS 11.180.20

Supersedes EN ISO 16021:2000

#### **English Version**

# Absorbent incontinence products for urine and/or faeces - Basic principles for evaluation of single-use adult products from the perspective of users and caregivers (ISO 16021:2024)

Produits d'incontinence pour l'absorption d'urine et/ou de matières fécales - Principes de base pour l'évaluation des produits à usage unique pour adultes par les utilisateurs et les soignants (ISO 16021:2024)

Urinaufsaugende Hilfsmittel - Grundprinzipien für die Bewertung von Einmalgebrauchs-Hilfsmitteln für inkontinente Erwachsene aus der Sicht von Anwendern und Pflegekräften (ISO 16021:2024)

This European Standard was approved by CEN on 25 August 2023.

CEN members are bound to comply with the CEN/CENELEC Internal Regulations which stipulate the conditions for giving this European Standard the status of a national standard without any alteration. Up-to-date lists and bibliographical references concerning such national standards may be obtained on application to the CEN-CENELEC Management Centre or to any CEN member.

This European Standard exists in three official versions (English, French, German). A version in any other language made by translation under the responsibility of a CEN member into its own language and notified to the CEN-CENELEC Management Centre has the same status as the official versions.

CEN members are the national standards bodies of Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Republic of North Macedonia, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Türkiye and United Kingdom.



EUROPEAN COMMITTEE FOR STANDARDIZATION COMITÉ EUROPÉEN DE NORMALISATION EUROPÄISCHES KOMITEE FÜR NORMUNG

CEN-CENELEC Management Centre: Rue de la Science 23, B-1040 Brussels

#### **European foreword**

This document (EN ISO 16021:2024) has been prepared by Technical Committee ISO/TC 173 "Assistive products" in collaboration with Technical Committee CEN/TC 293 "Assistive products and accessibility" the secretariat of which is held by SIS.

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by October 2024, and conflicting national standards shall be withdrawn at the latest by October 2024.

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. CEN shall not be held responsible for identifying any or all such patent rights.

This document supersedes EN ISO 16021:2000.

Any feedback and questions on this document should be directed to the users' national standards body/national committee. A complete listing of these bodies can be found on the CEN website.

According to the CEN-CENELEC Internal Regulations, the national standards organizations of the following countries are bound to implement this European Standard: Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Republic of North Macedonia, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Türkiye and the United Kingdom.

#### **Endorsement notice**

The text of ISO 16021:2024 has been approved by CEN as EN ISO 16021:2024 without any modification.

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#### **Foreword**

ISO (the International Organization for Standardization) is a worldwide federation of national standards bodies (ISO member bodies). The work of preparing International Standards is normally carried out through ISO technical committees. Each member body interested in a subject for which a technical committee has been established has the right to be represented on that committee. International organizations, governmental and non-governmental, in liaison with ISO, also take part in the work. ISO collaborates closely with the International Electrotechnical Commission (IEC) on all matters of electrotechnical standardization.

The procedures used to develop this document and those intended for its further maintenance are described in the ISO/IEC Directives, Part 1. In particular, the different approval criteria needed for the different types of ISO document should be noted. This document was drafted in accordance with the editorial rules of the ISO/IEC Directives, Part 2 (see <a href="https://www.iso.org/directives">www.iso.org/directives</a>).

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For an explanation of the voluntary nature of standards, the meaning of ISO specific terms and expressions related to conformity assessment, as well as information about ISO's adherence to the World Trade Organization (WTO) principles in the Technical Barriers to Trade (TBT), see <a href="https://www.iso.org/iso/foreword.html">www.iso.org/iso/foreword.html</a>.

This document was prepared by Technical Committee ISO/TC 173, *Assistive products*, Subcommittee SC 3, *Aids for ostomy and incontinence*, in collaboration with the European Committee for Standardization (CEN) Technical Committee CEN/TC 293, *Assistive products and accessibility*, in accordance with the Agreement on technical cooperation between ISO and CEN (Vienna Agreement).

This second edition cancels and replaces the first edition (ISO 16021:2000), which has been technically revised.

The main changes are as follows:

- clarified the scope;
- added references to new relevant standards;
- updated reference list;
- terminology has been harmonized with ISO 22748.

Any feedback or questions on this document should be directed to the user's national standards body. A complete listing of these bodies can be found at <a href="https://www.iso.org/members.html">www.iso.org/members.html</a>.

#### Introduction

This document provides basic principles for conducting user evaluations of single-use, body-worn urine-absorbing products for adult incontinent users, their caregivers, or both. It gives guidance for users or caregivers in evaluating products in actual use and can be used for comparing products. EDANA has provided useful guidelines on the evaluation of baby diapers many of which apply equally to absorbent products for adult incontinence. Whether a user evaluation or a clinical investigation is planned, it is important to check if ethics committee approval will be required.

The comparison of user evaluation data obtained from evaluating several products is statistically complex and highly dependent upon the information desired from the evaluation, the differences between or among products, and the size of the user population used in the evaluation, to mention only three important factors. Direct comparison between products based on statistical parameters is not covered by this document.

This document is based upon an extensive body of data and experimentation on the ways in which evaluation of incontinence products by users can be done to gain useful information on the acceptability of products for a variety of purposes. Selected references are given in the Bibliography as an aid to the user of this document in applying it to particular situations of interest. To a protein a particular and a particul

## Absorbent incontinence products for urine and/or faeces — Basic principles for evaluation of single-use adult products from the perspective of users and caregivers

#### 1 Scope

This document provides guidelines and requirements for designing and conducting an evaluation of single-use adult incontinence absorbing products. It provides guidelines and requirements on creating data collection tools. In particular, it provides a framework for eliciting and recording the views of users and their carers on the acceptability of products. In addition, a product diary is described which can help to quantify some parameters of product use, such as wear times, the mass of urine absorbed by the product and the severity of any leakage from it.

This document does not cover direct comparison between products based on statistical parameters, neither does it provide guidelines on measuring the clinical efficacy of products; that is available in ISO 14155.

#### 2 Normative references

There are no normative references in this document.

#### 3 Terms and definitions

For the purposes of this document, the following terms and definitions apply.

ISO and IEC maintain terminology databases for use in standardization at the following addresses:

- ISO Online browsing platform: available at <a href="https://www.iso.org/obp">https://www.iso.org/obp</a>
- IEC Electropedia: available at <a href="https://www.electropedia.org/">https://www.electropedia.org/</a>

#### 3.1

#### caregiver

person who assists user(s) with applying and changing absorbent incontinence *products* (3.5)

Note 1 to entry: Caregivers can be paid staff or family/friends.

#### 3.2

#### ethics committee

body whose role is to protect the interests of evaluation subjects – particularly in institutions – by inspecting proposed evaluation protocols

Note 1 to entry: Ethics committee permission is normally required before an evaluation can begin.

#### 3.3

#### evaluation centre coordinator

person in charge of the evaluation in a given centre

#### 3 4

#### principal investigator

person in overall charge of an evaluation