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PÕLVILIASENDIS TÖÖTAMISEKS. OSA 3: NÕUDED
PÕLVEKAITSMETE JA RÕIVASTE INDIVIDUAALSELE
KOMBINATSIOONILE (TÜÜP 2)

Personal protective equipment - Knee protectors for
work in the kneeling position - Part 3: Requirements
for the individual combination of knee pads and
garments (type 2)

EESTI STANDARDI EESSÕNA

NATIONAL FOREWORD

See Eesti standard EVS-EN 14404-3:2024 sisaldab Euroopa standardi EN 14404-3:2024 ingliskeelset teksti. Standard on jõustunud sellekohase teate avaldamisega EVS Teatajas. Euroopa standardimisorganisatsioonid on teinud Euroopa standardi rahvuslikele liikmetele kättesaadavaks 22.05.2024. Standard on kättesaadav Eesti Standardimis-ja Akrediteerimiskeskusest.	This Estonian standard EVS-EN 14404-3:2024 consists of the English text of the European standard EN 14404-3:2024. This standard has been endorsed with a notification published in the official bulletin of the Estonian Centre for Standardisation and Accreditation. Date of Availability of the European standard is 22.05.2024. The standard is available from the Estonian Centre for Standardisation and Accreditation.
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English Version

Personal protective equipment - Knee protectors for work
in the kneeling position - Part 3: Requirements for the
individual combination of knee pads and garments (type
2)

Équipements de protection individuelle - Protecteurs
de genoux pour le travail à genoux - Partie 3 :
Exigences relatives à la combinaison de plaques de
genouillères et de vêtements (type 2)

Persönliche Schutzausrüstung - Knieschutz für
Arbeiten in kniender Haltung - Teil 3: Anforderungen
an die Kombination von Kniepolstern und Bekleidung
(Typ 2)

This European Standard was approved by CEN on 20 June 2022.

CEN members are bound to comply with the CEN/CENELEC Internal Regulations which stipulate the conditions for giving this European Standard the status of a national standard without any alteration. Up-to-date lists and bibliographical references concerning such national standards may be obtained on application to the CEN-CENELEC Management Centre or to any CEN member.

This European Standard exists in three official versions (English, French, German). A version in any other language made by translation under the responsibility of a CEN member into its own language and notified to the CEN-CENELEC Management Centre has the same status as the official versions.

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EUROPEAN COMMITTEE FOR STANDARDIZATION
COMITÉ EUROPÉEN DE NORMALISATION
EUROPÄISCHES KOMITEE FÜR NORMUNG

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European foreword

This document (EN 14404-3:2024) has been prepared by Technical Committee CEN/TC 162 "Protective clothing including hand and arm protection and life jackets", the secretariat of which is held by DIN.

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by November 2024 and conflicting national standards shall be withdrawn at the latest by November 2024.

Attention is drawn to the possibility that some of the elements of this document may be the subject of patent rights. CEN shall not be held responsible for identifying any or all such patent rights.

This document, together with EN 14404-1, EN 14404-2 and EN 14404-4 to EN 14404-6, will supersede EN 14404:2004+A1:2010.

This document has been prepared under a standardization request addressed to CEN by the European Commission. The Standing Committee of the EFTA States subsequently approves these requests for its Member States.

For the relationship with EU Legislation, see informative Annex ZA, which is an integral part of this document.

EN 14404 "Personal protective equipment — Knee protectors for work in the kneeling position" is split into 6 parts:

- *Part 1: Test methods;*
- *Part 2: Requirements for wearable knee protectors (type 1);*
- *Part 3: Requirements for the individual combination of knee pads and garments (type 2);*
- *Part 4: Requirements for the combination of interoperable knee pads and garments (type 2);*
- *Part 5: Requirements for knee mats (type 3);*
- *Part 6: Requirements for kneeling systems (type 4).*

With the splitting of the standard, the following changes were made:

- definition of the protection zone;
- new combination of interoperable knee pads with interoperable garments (EN 14404-4);
- a bend test for interoperable knee pad was introduced;
- normative references were updated, further normative references are included;
- the cleaning of garments was taken into account;
- an uneven test surface and test was introduced;
- no more "UNISIZE" size; adjustment of size designation;
- additional markings were added.

Any feedback and questions on this document should be directed to the users' national standards body. A complete listing of these bodies can be found on the CEN website.

According to the CEN-CENELEC Internal Regulations, the national standards organizations of the following countries are bound to implement this European Standard: Austria, Belgium, Bulgaria, Croatia, Cyprus, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Republic of North Macedonia, Romania, Serbia, Slovakia, Slovenia, Spain, Sweden, Switzerland, Türkiye and the United Kingdom.

Introduction

Kneeling is a frequently occurring working position, but one which is problematic from an occupational health viewpoint. Without knee protectors, workers can suffer immediate injuries from hard surfaces and small stones and similar objects lying on the surfaces. However, no knee protector can ensure that workers will not suffer medical complications if they are required to kneel for long periods.

It is important that knee protectors do not compromise venous drainage in the leg while kneeling or standing up. Therefore, it is important that it is easy for workers to change position and to stand up to re-establish a normal blood circulation at frequent intervals while wearing knee protectors.

Work in a kneeling position involves the risk of chronic diseases such as prepatellar bursitis and cartilage injuries caused by continuous pressure on the knees. Knee protection is therefore recommended for all work in the kneeling position. The protection should distribute forces evenly and prevent small hard objects on the ground causing injuries. Many workers have pre-existing damage to their knees, particularly to their cartilage from sports injuries and from previous work. These injuries will be made worse by further kneeling. Wearing knee protectors cannot correct existing damage but should slow down further damaging effects.

Work in a kneeling position can expose the skin of the shins, knees and thighs to toxic and corrosive materials normally kept off the body while walking and standing by waterproof or water-resistant footwear. Knee protectors and trousers for use with such wet materials and particularly wet cement, should take this into account and provide adequate protection.

For working in a kneeling position, four types of knee protectors exist:

- wearable knee protectors (type 1),
- knee pads in combination with garments (type 2),
- knee mats (type 3), and
- kneeling systems (type 4).

1 Scope

This document specifies requirements for the individual combination (type 2) of knee pads with garments and performance levels for use when working in a kneeling position in order to reduce injuries to the knees caused by continuous pressure and penetration. Requirements for the marking of knee pads and garments as well as the information to be supplied by the manufacturer are given. Where protection against additional hazards is claimed, performance requirements from other standards are applicable.

This document does not apply to knee protectors that are medical devices or are intended for sports and motorcycles.

In this part, requirements are given for a specific combination of an individual pad and accordingly designed garment; these forms of knee protection are thus subject to a joint examination.

A combination of a garment with a fixed sized knee pad pocket and fixed sized knee pad (interoperable pad) is described in EN 14404-4 and is excluded from this part.

The position of type 2 knee pads in or on trousers can be fixed or adjustable. The pads consist of foam plastic or other materials that are positioned in knee pockets of the garments or permanently fastened in or on the garments.

2 Normative references

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

EN 14404-1:2024, *Personal protective equipment - Knee protectors for work in the kneeling position - Part 1: Test methods*

EN ISO 8559-2:2020, *Size designation of clothes - Part 2: Primary and secondary dimension indicators (ISO 8559-2:2017)*

EN ISO 13688:2013, *Protective clothing - General requirements (ISO 13688:2013)*

3 Terms and definitions

For the purposes of this document, the following terms and definitions apply.

ISO and IEC maintain terminology databases for use in standardization at the following addresses:

- ISO Online browsing platform: available at <https://www.iso.org/obp/>
- IEC Electropedia: available at <https://www.electropedia.org/>

3.1

knee protector (type 2)

combination of a garment with knee pockets or other means of attachment and pads forming the knee protection

3.2

individual combination of knee pads and garments (type 2)

specific combination of an individual pad and an accordingly designed garment