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Wellness facilities for public use - Climated rooms -
Requirements

EESTI STANDARDI EESSÕNA

NATIONAL FOREWORD

<p>See Eesti standard EVS-EN 18164:2026 sisaldab Euroopa standardi EN 18164:2026 ingliskeelset teksti.</p> <p>Standard on jõustunud sellekohase teate avaldamisega EVS Teatajas.</p> <p>Euroopa standardimisorganisatsioonid on teinud Euroopa standardi rahvuslikele liikmetele kättesaadavaks 25.02.2026.</p> <p>Standard on kättesaadav Eesti Standardimis- ja Akrediteerimiskeskusest.</p>	<p>This Estonian standard EVS-EN 18164:2026 consists of the English text of the European standard EN 18164:2026.</p> <p>This standard has been endorsed with a notification published in the official bulletin of the Estonian Centre for Standardisation and Accreditation.</p> <p>Date of Availability of the European standard is 25.02.2026.</p> <p>The standard is available from the Estonian Centre for Standardisation and Accreditation.</p>
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English Version

Wellness facilities for public use - Climated rooms - Requirements

Installations de bien-être à usage public - Salles
climatisées - Exigences

Wellness-Einrichtungen für die öffentliche Nutzung -
Klimatisierte Räume - Anforderungen

This European Standard was approved by CEN on 26 January 2026.

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EUROPEAN COMMITTEE FOR STANDARDIZATION
COMITÉ EUROPÉEN DE NORMALISATION
EUROPÄISCHES KOMITEE FÜR NORMUNG

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Contents	Page
European foreword	4
Introduction	5
1 Scope.....	6
2 Normative references.....	6
3 Terms and definitions.....	6
4 Classification of climated rooms	8
4.1 Sauna room	8
4.2 Warm-air room.....	8
4.3 Steam room.....	8
4.4 Soft steam room.....	9
5 Construction requirements.....	9
5.1 General.....	9
5.2 Floor.....	9
5.2.1 General.....	9
5.2.2 Finishes to wet areas	10
5.2.3 Slip resistance	10
5.2.4 Accessible pathways, floors	10
5.3 Wall construction.....	10
5.3.1 General.....	10
5.3.2 Sauna rooms	10
5.3.3 Warm-air rooms.....	11
5.3.4 Steam rooms in element construction	11
5.3.5 Soft steam rooms in element construction.....	11
5.4 Ceiling.....	11
5.5 Doors and windows.....	11
5.6 Interior	12
5.6.1 General.....	12
5.6.2 Interior for sauna and warm-air rooms in timber construction	12
5.6.3 Interior fittings for steam and warm air rooms in mineral construction	12
6 Ventilation.....	12
7 Heating and temperature control	13
7.1 General.....	13
7.2 Heating and temperature control for sauna rooms and warm air rooms in timber construction.....	13
7.3 Heating and temperature control technology for steam rooms	13
8 Steam and humidification technology, room drying, fragrance system	14
8.1 Humidification technology, room drying, fragrance system for warm-air rooms	14
8.1.1 Humidification technology	14
8.1.2 Room drying for warm air rooms in timber constructions	14
8.1.3 Room drying for warm air rooms in other constructions.....	14
8.2 Brine and aroma technology, fragrance system	14
8.3 Steam technology for steam rooms	14

9	Light and lighting	14
10	Safety	15
10.1	Safety system for switching on and off heaters	15
10.2	Emergency call system	15
	Bibliography	16

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European foreword

This document (EN 18164:2026) has been prepared by Technical Committee CEN/TC 136 “Sports, playground and other recreational facilities and equipment”, the secretariat of which is held by DIN (Germany).

This European Standard shall be given the status of a national standard, either by publication of an identical text or by endorsement, at the latest by August 2026, and conflicting national standards shall be withdrawn at the latest by August 2026.

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Introduction

The objective with this document is to design climated rooms in such a way that they are safe and promote health and well-being.

The electrotechnical aspects regarding the construction of climated rooms are important. This document does not cover those aspects as well as infrared heaters. CENELEC has European standards for electrotechnical aspects, and some are listed in the Bibliography.

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1 Scope

This document specifies requirements for the design and construction of climated rooms and any associated equipment for public use.

This document does not apply to electrotechnical aspects of climated rooms.

2 Normative references

The following documents are referred to in the text in such a way that some or all of their content constitutes requirements of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

EN 16165, *Determination of slip resistance of pedestrian surfaces — Methods of evaluation*

EN 60335-2-53, *Household and similar electrical appliances — Safety — Part 2-53: Particular requirements for sauna heating appliances and infrared cabins*

3 Terms and definitions

For the purposes of this document, the following terms and definitions apply.

ISO and IEC maintain terminology databases for use in standardization at the following addresses:

- ISO Online browsing platform: available at <https://www.iso.org/obp>
- IEC Electropedia: available at <https://www.electropedia.org/>

3.1

public use

use of an installation open to everyone or to a defined group of users, not designated solely for the owner's/proprietor's/operator's family and guests independently from paying an entrance fee

[SOURCE: EN 15288-1:2018+A1:2024, 3.5]

3.2

sauna room

cabin with a temperature of 80 °C to 105 °C with internal surfaces covered with timber

3.3

automatic infusion

technical equipment that carries out an infusion at regular intervals

3.4

heater

unit, incorporating heating elements which can have a container filled with appropriate rocks

3.5

appliance

combination of heater, sensing and control unit

3.6

humidifier

equipment producing humidity